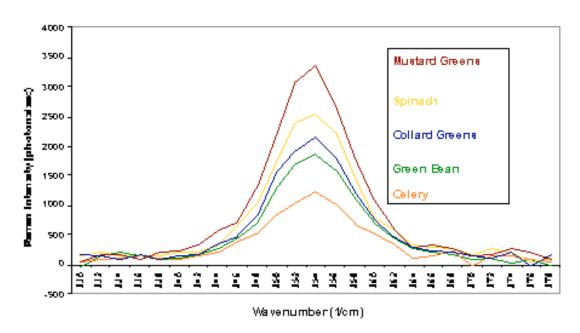
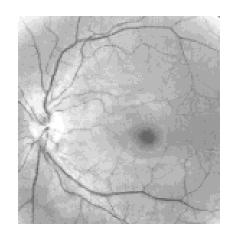
## What Do Some Vegetables and the Eye Have in Common?





- Macula contains high concentrations of lutein and zeaxanthin
- Dietary intakes may help in lowering the rate of visual loss from AMD





## CAROTENOIDS IN THE EYE & SKIN

